Family ties, a slight genealogical mystery, a discussion of privilege, 19th and 20th-century classism in Midwestern America, and the value of comfort food all converge in this week's episode of The Family Cookbook. And, we welcome our new Food Correspondent, Rick Leonard of An American Genealogy! Rick shares with us the backstory of a family member who wasn't blood but who was central to his family for four generations, and then shares her recipe for a simple, hearty casserole, known to the family as Emily's Casserole. But because its provenance is unclear, we put it to you, food historians: where do YOU think this casserole came from? Enjoy our discussion and then make the casserole for yourself. And if you want to become an FPPP Family Cookbook correspondent too, listen at the end for how to do that. It's simple. Enjoy!

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